

# THE PEAK DISTRICT - WEEK END HIKE

20-22 March 2020

Join us for a week-end of hiking around one of the most picturesque parts of England - The Peak District.



Founded in 1951 it is the UK's first National Park and also the scene of the "Mass Trespass" the key event in the campaign for open access to moorland in Britain which eventually led to the formation of Britain's National Parks.

The Peak District is characterised by steep limestone valleys, dramatic gritstone ridges and stark moorland plateaus like Kinder Scout, the park's highest point and the nearby village of Edale marks one end of the iconic Pennine Way footpath.

## Highlights

Hike the southern edge of the amazing Kinder Scout Plateau which boasts unforgettable views, unique moorland, dark gritstone and peat

Visit the Upper Derwent and Lady Bower Reservoir Dam (Scene of the World War II "Bouncing Bomb" trial runs)

Amazing rock formations, idyllic rivers and streams, flower and fauna

Saturday

## EDALE

We will head north through Edale village and then climb up to the top of Edale Moor via The Nab and to the west of Ringing Roger. We will follow the southern edge of the Kinder Scout Plateau to the west past Upper Tor, Crowden Tower and the amazing rock formation known as "Pym Chair".



There is an opportunity to take a diversion up to Kinder Low (one of the highest points in the Peak District) before heading on. We'll then either hike down into the valley via Jacobs Ladder and the Pennine Way or continue a little further round via Brown Knoll and Lords Seat before descending into Edale.





Viewing opportunities: Spring Flowers and wildlife, Edale Valley, Kinder Plateau and Mam Tor Ridge.

Distance: 8 miles

Sunday LADY BOWER



From Fairholmes we'll cross below the impressive Upper Derwent Reservoir dam and follow the eastern edge of the Reservoir to the north before climbing east up over Little Howden Moor to Lost Lad and then Back Tor. From Back Tor we'll follow Derwent Edge south and head past the Cakes of Bread, the Salt Cellar, White Tor and the Wheel Stones (named for their shapes). From the Wheel Stones we will make our way down to the edge of Ladybower Reservoir and follow its eastern edge back to Fairholmes.



Viewing opportunities: Gritstone rock formations. Upper Derwent Reservoir and Dam, Lost Lad, Back Tor and Ladybower Reservoir and weather permitting views of the Dark Peak and Derwent Valley.

Distance: 9-10 miles

Cost

£215

Includes

(a) 2 nights accommodation (dorms) in YHA Castleton a fully refurbished gothic mansion, set within 27 acres of parkland and offering stunning views across its picturesque surroundings





(b) 2 Breakfasts

(c) 2 Packed Lunches

(d) Services of a leading Mountain Leader and holder of the Mountain Leader (summer) award and a member of the Chartered Institute of Ecology and Environmental Management. He has a wealth of knowledge of the natural history of a range of environments in the area

Not include

Train or car share to the Peak District

(Kings Cross St Pancras to Hope Station (Via Sheffield) and then Taxi or car share

Towels and toiletries are not provided but are available to hire or purchase from reception.

This hiking week-end is for people with a good level of physical fitness. Further details about the trip and forms to be filled in to be sent to the Hike Leader will be sent closer to the time for those attending

WE CAN ONLY TAKE 12 PEOPLE FOR THIS TRIP SO IF YOU'RE REALLY INTERESTED THEN DO BOOK SOON

PAYMENT

CKAC  
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ref: Your name / Peak